

0-5 YEARS TERM TIMETABLE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|---|--|---|--|--|
| CRÈCHE 9:15am - 12:15pm (0-7 years) Book at the Welcome Desk THE NEST | RHYTHM TIME Toddlers (From 13m) 9:30am-10am Babies (0-13m) 10:20am-10:50am Babies (0-13m) 11:10am-11:40am Young Babies (0-5m) 12pm-12:30pm Book Via rhythmtime.net | CRÈCHE 9:15am - 12:45pm (0-7 years) Book at the Welcome Desk THE NEST | FREE* STAY, PLAY & SOCIALISE WITH ME 9:30am - 11am (Parent/Carer and child aged 0-5) Book via MyCourts | CRÈCHE 9:15am - 12:15pm (0-7 years) Book at the Welcome Desk THE NEST | CRÈCHE 9am - 12pm (0-7 years) Book at the Welcome Desk THE NEST | SWIMMING LESSONS Beginner with armbands (4+) 9am-9:30am, 10am-10:30am Preschool (2-4 years) 9:30am-10am Indoor Pool Book at the Welcome Desk |
| TENNIS Hot Shot Tots (2-4 yrs) 9:30am - 10am Book at the Welcome Desk | TENNIS Hot Shot Tots (2-4 yrs) 9:30am - 10am Book at the Welcome Desk | FREE* SPLASH WITH ME 11:15am - 11:55am (Parent/Carer and child up to 3yrs with instructor) Indoor Pool Book via MyCourts | FREE* MOVE WITH ME Pre and Postnatal Fitness 11:15am - 12pm (Parent/Carer and child aged 0-5) Book via MyCourts | SQUASH EPiC Toddlers 10:30am - 11am (18m-3yrs) Book at the Welcome Desk | TENNIS Hot Shot Tots 11:15am - 11:45am Mini Blue 9am-9:45am, 9:45am-10:30am 10:30am-11:15am Book at the Welcome Desk | FREE* |
| TENNIS Hot Shot Tots (2-4yrs) 9:30am - 10am Book at the Welcome Desk | SQUASH EPiC Toddlers 11am - 11:30am (18m-3yrs) Book at the Welcome Desk | SWIMMING LESSONS Beginners in Armbands (4+ yrs) 4:15pm - 4:45pm 4:45pm - 5:15pm Indoor Pool Book at the Welcome Desk | SWIMMING LESSONS Preschool (2-4yrs) 4:15pm - 4:45pm Beginners in Armbands (4+ yrs) 4:45pm - 5:15pm Indoor Pool Book at the Welcome Desk | FREE* SPLASH WITH ME 11:15am - 11:55am (Parent/Carer and child up to 3yrs with instructor) Indoor Pool Book via MyCourts | SQUASH EPiC Toddlers (18m-3yrs) 9am-9:30am EPiC Preschool (3-5 yrs) 9:30-10:15 Book at the Welcome Desk | FAMILY & JUNIOR CLUB TENNIS 2pm-4pm All Ages Book via MyCourts |
| FREE* MOVE WITH ME Pre and Postnatal Fitness 1:30pm - 2:15pm (Parent/Carer and child aged 0-5) Book via MyCourts THE NEST | SWIMMING LESSONS Beginners in Armbands (4+ yrs) 4:15pm - 4:45pm Indoor Pool Book at the Welcome Desk | TENNIS Mini Blue (4-6 yrs) 4:15pm - 5pm Book at the Welcome Desk | TENNIS Mini Blue (4-6 yrs) 4:15pm - 5pm Book at the Welcome Desk | SQUASH EPiC Preschool 4:15pm - 5:00pm Book at the Welcome Desk | FAMILY SPLASH 10am - 1pm All ages Indoor Pool | FREE* |
| | | | | TENNIS Hot Shot Tots 2pm-2:30pm Mini Blue 4:15pm-5pm Book at the Welcome Desk | FAMILY SQUASH & RACKETBALL 3pm - 4pm Book via MyCourts | FAMILY SPLASH 3pm-5pm All ages Indoor Pool |