

11+ YEARS TERM TIMETABLE

FROM 14, JUNIORS ARE ABLE TO BOOK SWIM LANES, FITNESS CLASSES AND USE THE GYM. THEY MUST HAVE A GYM INDUCTION AND PASS A SWIMMING COMPETENCY TEST.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p>TENNIS Mini Yellow Beginners 5pm-6pm (10+ yrs) Book at the Welcome Desk</p>		<p>TENNIS Mini Yellow Improver 5pm-6pm (10+ yrs) Book at the Welcome Desk</p>	<p>TENNIS Mini Yellow Beginners 10-11am Developing 11am-12pm Improver 11-12pm Intermediate 12-1pm Book at the Welcome Desk</p>	<p>SWIMMING LESSONS 10:45-11:30 Improver 11:15-11:45 Advanced Indoor Pool Book at the Welcome Desk</p>
		<p>TENNIS Mini Yellow Intermediate 5pm-6pm (10+ yrs) Book at the Welcome Desk</p>			<p>FAMILY SPLASH 10am - 1pm All ages Indoor Pool</p>	<p>TENNIS Mini Red 9am-10am Mini Orange 9am-10am Book at the Welcome Desk</p>
		<p>PARENT AND JUNIOR GYM 4pm-5pm (8+ must be accompanied by an adult) Book via MyCourts</p>			<p>SQUASH EPiC Gold (12+ yrs) 12:30-1:30pm EPiC Girls (All ages) 1:30-2:15pm</p>	<p>PARENT & JUNIOR GYM 4pm-5pm (8+ must be accompanied by an adult) Book via MyCourts</p>
			<p>TENNIS Mini Yellow Intermediate 5pm-6pm (10+ yrs) Book at the Welcome Desk</p>		<p>MOVE WITH MIKE 1pm-1:45pm (6yrs+)</p>	<p>PARENT & JUNIOR GYM 2pm-4pm All Ages Book via MyCourts</p>
			<p>SQUASH EPiC Girls 5pm-6pm (All ages) Book at the Welcome Desk</p>		<p>PARENT & JUNIOR GYM 2pm-3pm (8+ must be accompanied by an adult) Book via MyCourts</p>	<p>FAMILY & JUNIOR CLUB TENNIS 2pm-4pm All Ages Book via MyCourts</p>
					<p>FAMILY SQUASH & RACKETBALL (All ages) 3pm-4pm Book via MyCourts</p>	<p>FAMILY SPLASH 3pm-5pm All ages Indoor Pool</p>