

SQUASH AND RACKETBALL COACHING TIMETABLE

for Adults



GROUP SESSIONS ARE AVAILABLE EVERY WEEK FOR PLAYERS OF ALL ABILITIES ON A PAY-AS-YOU-GO BASIS
£8.00 PER SESSION FOR MEMBERS

SESSIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM TO 1PM	10AM - 11AM RACKETBALL BEGINNERS		10AM - 11AM SQUASH LADIES MORNING			10AM - 11AM RACKETBALL BEGINNERS	
			11AM - 12PM RACKETBALL INTERMEDIATE			11AM - 12PM RACKETBALL IMPROVERS	
1PM - 10PM	7PM - 8PM SQUASH BEG/INT		7PM - 8PM RACKETBALL INTERMEDIATE				5PM - 6PM RACKETBALL ADVANCED
	7PM - 8PM RACKETBALL INTERMEDIATE	7PM - 8.15PM SQUASH SKILLS & DRILLS					

FOR MORE INFORMATION PLEASE CONTACT [MIKE EDWARDS](#)

**CLUB
NIGHT**

SQUASH CLUB NIGHT - TUESDAY 6.30PM TIL LATE
RACKETBALL CLUB NIGHT - THURSDAY 6.30PM TIL LATE