

Children 5+ (or parents of) may book tennis and squash courts and any junior fitness classes from age 5 via MyCourts with parental consent to be added to MyCourts.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM						TENNIS Mini Red (5-8) - 09.00-10.00, 10.00-11.00, 11.00-12.00, 12.00-13.00 Mini Orange(8-9) - 09.00-10.00, 10.00-11.00 Mini Green(9-10) - 11.00-12.00 Book via Reception	SWIMMING LESSONS 10.45-11.15 Improver 11.15-11.45 Advanced Indoor Pool Book via Reception
						SQUASH EPiC Bronze(6-8) - 10.15 - 11.00, 11.00- 11.45 Book via Reception	TENNIS Mini Red (5-8) 09.00-10.00 Mini Orange(8-9) 10.00 -11.00 Book via Reception
						FAMILY SPLASH 10.00- 13.00 Indoor Pool *FREE to members* Collect wristband at Reception	
PM	TENNIS Mini Red (5-8 Years) 16.00-17.00 Mini Green (9-10) 17.00-18.00 Book via Reception	TENNIS Mini Red (5-8 Years) 16.00-17.00 Mini Orange (8-9 Years) 16.00-17.00 Book via Reception SQUASH EPiC Bronze (6-8 Years) 16:30-17:15 EPiC Silver (9-11 Years) 17:15-18:00	TENNIS Mini Red (5-8 Years) 16.00-17.00 Mini Orange (8-9 Years) 16.00-17.00 Mini Green (9-10 Years) 17.00-18.00 Book via Reception	TENNIS Mini Red (5-8 Years) 16.00-17.00 Book via Reception	TENNIS Mini Red (5-8 Years) 16.00-17.00 & 17.00- 18.00 * Book via Reception	SQUASH EPiC Silver (9-11) 12.00-12.45 EPiC girls (All ages) 14.00 – 15.00 Book via Reception	PARENT AND JUNIOR GYM (8 + must be accompanied by an adult) 14.00 – 15.00 *FREE to members* Book via MyCourts
	SQUASH EPiC Stars (5-11 Years) 16.15 - 17.00	*COMING SOON* HULA FITNESS (5+) *FREE to members*	PARENT AND JUNIOR GYM 16.00 – 17.00 (8 + must be accompanied by an adult) *FREE to members* Book via MyCourts	*COMING SOON* YOGA BUGS *FREE to members*	SQUASH EPiC girls (All) 17.00- 18.00 Squash Courts Book via Reception FLEDGLINGS' FUN NIGHT (3rd Friday of every month) 16.45- 18.45 Book via Reception	MOVE WITH MIKE (6+) 13.00 – 13.45 Outdoor Studio *FREE to members* Book via Reception	FAMILY AND JUNIOR CLUB TENNIS 14.00-16.00 Priory School Courts *FREE to members* Book via MyCourts
		Swimming Lessons 17.15-17.45 Improver 17.45 -18.15 Advanced Indoor Pool Book via Reception	SWIMMING LESSONS 17.15-17.45 Improver 17.45 -18.15 Advanced Indoor Pool Book via Reception	SWIMMING LESSONS 17.15-17.45 Beginners no armbands 17.45 -18.15 Intermedaite & Advanced Indoor Pool Book via Reception		PARENT AND JUNIOR GYM (8 + must be accompanied by an adult) 14.00 – 15.00 *FREE to members* Book via MyCourts	FAMILY SPLASH 15.00- 17.00 Indoor Pool *FREE to members* Collect wristband at Reception
						FAMILY SQUASH AND RACKETBALL All ages *FREE to members* 15.00- 16.00 Book via MyCourts	