

Squash Courses for Juniors



Enjoy, Play, Socialise, Compete



Winter Term
Monday 7th January - Sunday 14th April

ALL Ages
ALL Abilities



Children's Squash Courses



This term marks the launch of our new EPiC Squash Academy!
Our new programme to help Juniors at every stage of their squash journey, from complete beginner to competitor.

| Course | Age | Day | Time | Member Price | Non Member Price |
|------------------|-------------|--------------------|--------------------------------|--------------|------------------|
| EPiC A,B,C's | 18m- 3yrs | Wednesday & Friday | 09:30 - 10:00 | £58.50 | £78.00 |
| EPiC Toddlers | 3 - 5yrs | Thursday | 16:30 - 17:15 | £78.00 | £97.50 |
| | | Friday | 16:15 - 17:00 | £78.00 | £97.50 |
| | | Saturday | 09:00 - 09:30 | £58.50 | £78.00 |
| EPiC Belters | 5 - 7yrs | Monday & Tuesday | 16:30 - 17:15 | £78.00 | £97.50 |
| | | Saturday | 09:30 - 10:15 | | |
| EPiC Lobbers | 7 - 9yrs | Monday & Tuesday | 17:15 - 18:00 | £78.00 | £97.50 |
| | | Saturday | 10:15 - 11:00 | | |
| EPiC Boosters | 9 - 11yrs | Saturday | 11:00 - 11:45 | £78.00 | £97.50 |
| EPiC Improvers | 11 - 13yrs | Saturday | 11:45 - 12:30 | £78.00 | £97.50 |
| EPiC Pros | 13+yrs | Saturday | 12:30 - 13:15 | £78.00 | £97.50 |
| EPiC Girls | All | Friday | 17:00 - 18:00 18:00 - 19:00 | £104.00 | £123.50 |
| EPiC Performance | Invite Only | Wednesday & Friday | 18:00 - 19:30 | £130.00 | £156.00 |
| | | Wednesday | 19:30 - 21:00 | | |

Please note:

There are no sessions during February Half Term (18th February to 24th February)

You can book your child on to one of our courses at Reception or call 0121 440 2492.

EPiC ABCs

Aimed at children and parents to improve the children's co-ordination. This helps in the long run for them to pick up squash quickly from a toddler age.

EPiC Toddlers

This is perfect for children to start improving their co-ordination and ability to start rallying in squash. This type of session will introduce children to a squash court and learning all of the basic skills to be able to balance the ball and start hitting FH and BH shots correctly.

EPiC Belters

This session is aimed at children who can hold a rally in pairs and individually be able to hit 5 shots on the FH and BH side. The ball that we use in this group is between the yellow / pink ball and the orange ball.

EPiC Lobbers

For children who may be new to the game and slightly older than the age range, or within the age range and have played a little before. The ball used in the group is between an orange ball and a red dot ball.

EPiC Boasters

This session is aimed at children who have played before. They will be using a red dot ball and would need to be able to serve and return.

EPiC Improvers

For children who have played a reasonable amount before; can do routines and conditioned games and know the rules of squash and be able to compete with a single yellow dot ball.

EPiC Pros

Aimed at children who have played a reasonable amount before. Can do routines and conditioned games and know the rules of squash and be able to compete with a double yellow dot ball.

EPiC Girls

A female only session. This is aimed at increasing female participation, Suitable for all ages and abilities.

EPiC Performance - Invitation Only Session

A performance programme aimed towards players playing at a minimum level of county standard and aspire to compete for the Midlands and England.



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PRIORY CLUB**